

The Success Workshop

This one day course is focused on learning to steer change towards the direction of your desires through the process and technology of Goal Mapping – learning to set and achieve objectives is the master skill of life as it is the skill that enable the achievement and learning of all other skills and objectives.

Goal Mapping course outline:

- **Raise your awareness**
Shift perceptions to gain clarity on reality
- **Develop possibility consciousness**
Tune your beliefs to release your potential
- **Find your balance:**
Spread success through all major areas of your life
- **Be 'on purpose':**
Work in alignment with your self-motivation strategy
- **Become fully 'response-able'**
Learn how to choose your response
- **Maintain a positive focus**
Command your subconscious to create your own reality
- **Seven fundamental laws of success**
Understand the natural principles of creation
- **Seven steps of Goal Mapping**
Create your own Goal Map and action plan for your future

Participants will learn through:

- Brief lecture sessions
- Skill practices
- Interactive work
- Fully illustrated workbook

To arrange a Success Workshop for your team, simply **get in touch**

susie@susiemitchell.co.uk

www.susiemitchell.co.uk